

Weekly activities



Monday

8.30 – 4.00

Recycling
in the Community

10.00 – 12.00

Computer group
at Lytham Library

10.00 – 12.30

Morning baking group
at the FCL office

1.00 – 3.30

Afternoon baking group
at the FCL office

1.00 – 3.00

Photography Group
at the FCL office

Tuesday

8.30 – 4.00

Recycling
in the Community

9.00 – 4.00

Gardening
in the Community

10.00 – 3.30

Art and Craft
at the FCL office

10.00 – 12.30

Morning baking group
at the FCL office

1.00 – 3.30

Afternoon baking group
at the FCL office

Wednesday

8.30 – 4.00

Recycling
in the Community

9.00 – 4.00

Gardening
in the Community

9.00 – 4.00

Allotment
on Shepherd Road

1.15 – 3.30

Computer group
at Lytham Library

3.30 – 4.00

Book club
at Lytham Library

Thursday

8.30 – 4.00

Recycling
in the Community

9.00 – 4.00

Gardening
in the Community

10.00 – 12.00

Woodwork
at Eastbank Road

1.30 – 3.30

Art
at Eastbank Road

Friday

8.30 – 4.00

Recycling
in the Community

9.00 – 4.00

Gardening
in the Community

10.00 – 12.00

Drama
at Warton Village Hall

Gardening

The gardening group maintains gardens within Fylde Community Link and the local community. The group is involved in mowing, weeding, planting, hanging baskets, pruning, landscaping and jet washing.

We have an Allotment plot on the Shepherd road site. We provide people with the skills to grow fruits, vegetables and plants.



Recycling

The recycling group is based in Kirkham at Progress Business Park. They collect cardboard, paper, scrap metals, plastic wrapping and textiles from local businesses and domestic homes. They have a baling machine to bale the cardboard.





Activities

We can offer you

- **work experience**
- **new skills**
- **community involvement**
- **interactive skills**
- **health and safety**



and the chance to meet new people and make new friends

The Fylde Community Link Photography Group are winners of the Pride of the Fylde Award and will hold their first public exhibition in November 2015.



Use your Direct Payments/Personalised Budgets to purchase a place within our activities. Based on individual requirements, shared support may be applicable resulting in value for money. For example, 7 hours support for 3.5 hours cost.



If anyone would like to become involved in any of these activities please contact either:

Karen Howard 07908 792090

Karen Walsh 07583 248581



FyldeCommunityLink

**19 Church Road Lytham Lancashire FY8 5LH
01253 795648**



Activities

Supporting adults with learning disabilities



Fylde Community Link is a local charity based in Lytham. We provide trained, experienced and capable staff to support adults with learning disabilities.

- **Individual budgets and finance**
- **Staying safe**
- **Having a fulfilling life**
- **Finding a job or worthwhile activity**
- **Housing options**